

## “Rescue Gave Us Food... and Happiness Also.”

### From-the-stage talking points for Zarifa’s story

- Zarifa, a 16-year-old Kenyan survivor, has an infectious smile and an **unquenchable desire to praise God.**
- Before rescue, she thought she had to **enter sex work like her older sister** in order to contribute to her family’s needs.
- One of her first ‘clients’ was **extremely rough**, causing her to develop constant anxiety.
- A toxic friend group gave her **drugs to help numb the anxiety**, but depression crept in to join it instead.
  - **“My life was... stolen,”** she said to our interviewers. “My life was just a mess.”
- Now, she’s safe and back in school! Her infectious smile is a hallmark of her personality.
  - When asked about the source of her joy, she said, **“Having God.”**
- Upon joining our project, **she accepted Christ.** Since then, her life has taken a dramatic change in direction.
  - Even Zarifa is surprised by the change, exclaiming, **“I became a leader in the church, which I wasn't expecting!”**
- Now, Zarifa has big plans for the future. She hopes to become a university professor and help struggling young people: **“I would like to help others the way you helped us—the way Destiny Rescue has helped.”**